



OUR ASSORTMENT OF MASSAGES HELP
CONTRIBUTE TO THE REGENERATION
AND RELAXATION OF THE BODY AND SPIRIT.
ENJOY OUR TREATMENTS SPECIFICALLY
TAILORED TO YOUR SKIN TYPE.
ALL OUR MASSAGES ARE NON THERAPEUTIC.

ABBAYE'S MASSAGE

Massage (2 zones of your choice)	30 min	79€
Massage	50 min	109€
Massage	80 min	139€
Duo care	50 min	218€

New

Rediscover the Abbaye's ritual !

Le Prodiges des Océans	120 min	210€
------------------------	---------	------

Pure experience of beauty,
the Ritual provides with ultimate regeneration
for youthfulness and deep relaxation.

THALGO BODY RITUALS

90 min 159€

Île Pacifique

Relaxing ritual with warm sand pouches inspired by
the rocking movement of the waves and gentle scen
of Monoï for deep relaxation.

Mer des Indes

Harmonising massage using essential oil
used in Ayurveda
Unwind during a journey to the sacred land of India!

THALGO BODY TREATMENTS

Body scrub	45 min	79€
Light legs treatment	45 min	69€

THALGO FACIAL CARE

Face thalasso	30 min	79€
Fundamental care	60 min	109€
<ul style="list-style-type: none"> • Cold Cream Marine care (dry or sensitive skin) • « Pureté Marine » care (mixed to oily skin) 		
Anti-aging care	60 min	109€
<ul style="list-style-type: none"> • Detox Spirulina Boost care • Wrinkle filler 		

Prodige des Océans face treatment	90 min	150€
-----------------------------------	--------	------

A perfect combination between efficiency and sensory
pleasure. This massage is inspired by Kobido, an
age-old Japanese manual facelift technique, visibly
smoothes and restores the skin's firmness and elasticity.
The face glows with renewed youth.



THINK OF OUR
GIFT VOUCHERS
OFFER A UNIQUE EXPERIENCE
TO YOUR BELOVED
VALID FOR 12 MONTHS

COSMETIC SERVICES

Waxings

Eyebrows, lips or Eyebrows	20 min	19€
Armpits	15 min	19€
Classic bikini	15 min	19€
Semi bikini	30 min	39€
Full bikini	45 min	49€
Half legs	25 min	29€
Full legs	30 min	49€
Back or chest	25 min	39€

Manicure

Semi-permanent nail polish application	45 min	45€
Classic nail polish application	20 min	29€
Hand care	45 min	59€
Hand beauty treatment	90 min	95€
Semi-permanent nail polish removal	30 min	25€

Pedicure

Semi-permanent nail polish application	45 min	45€
Classic nail polish application	20 min	29€
Foot care	45 min	69€
Foot beauty treatment (Calluspeeling)	90 min	105€
Semi-permanent nail polish removal	30 min	25€